

Chaplaincy Services
Sentara Norfolk General Hospital
600 Gresham Drive
Norfolk, VA 23507



Schedule

7:15 - 8:00	Registration <i>Continental Breakfast</i>
7:50 - 8:00	Welcome
8:00 - 9:15	Opening Presentation - "Stories of Courage, Stories of Grief" <i>Tidewater Playback Theatre Troupe</i>
9:15 - 9:45	<i>Break</i>
9:45 - 10:45	Session A Workshops
10:45 - 11:15	<i>Break</i>
11:15 - 12:15	Session B Workshops
12:15 - 1:15	<i>Lunch (provided)</i>
1:15 - 2:15	Session C Workshops
2:15 - 2:45	<i>Break</i>
2:45 - 4:15	Panel Presentation - "Religious Traditions: Rituals and Practices Surrounding Dying and Death" •Buddhism •Islam •Hinduism •Judaism
4:15 - 4:30	Closing Ritual

Concurrent Workshops

SESSION A: 9:45 AM - 10:45 AM

- Creating and Using Rituals in Grief
- Cultural Diversity
- How to Survive Grief and Mourning
- Men and Grief
- Spirituality and Grief

SESSION B: 11:15 AM - 12:15 PM

- Bioethics & Decision-making at the End of
Life
- Children's Perceptions of Death
- Creating and Using Rituals in Grief
- How to Survive Grief and Mourning
- Spirituality and Grief

SESSION C: 1:15 PM - 2:15 PM

- Bioethics & Decision-making at the End of
Life
- Children's Perceptions of Death
- Cultural Diversity
- Men and Grief

Contact Hours

Seven (7) contact hours will be awarded for participation in the full day and completion of the conference evaluations.

Emotions,
Rituals,
Spirituality:
Finding Healing In Grief

A Conference for Care Providers

Tuesday, May 4, 1999
8:00 AM - 4:30 PM

Chesapeake Conference Center
900 Greenbrier Circle
Chesapeake, VA 23320

Presented by
Sentara Hospitals Bereavement Team

Opening Presentation

Stories of Courage, Stories of Grief

The Tidewater Playback Theatre Troupe will create a climate of safety and support for audience members to share stories of courage and grief, as experienced with the patients and other grieving persons with whom they work, patients' families, and their co-workers. Stories will be enacted using sound, movement, dialogue and short dramatic pieces. Audience members will be able to experience both the unique and collective themes of their challenges and joys.

Workshops



Bioethics & Decision Making at the end of Life: Is the Request to "Do Everything" Obligatory?

Decisions faced by patients, their families, and physicians are complex when anticipating the death of the patient. This workshop explores the ethical and differing personal values impacting that decision-making process.

*Julia M. West, M.S.W., Ethics Consultant
Co-Chair, Sentara Corporate Ethics Advisory Council*



Children's Perceptions of Death

When children face the death of someone they love, adults (caregivers as well as family members) often ask, "What should we say to the children? What do they really need to know? Do children grieve?" This workshop will explore the perceptions children have about death and how adults can effectively address children's grief.

*Evelyn G. Keever, M.Div., Chaplain
Children's Hospital of The King's Daughters*



Creating and Using Rituals in Grief

Rituals of healing in times of loss and grief can be incredible instruments for healing. They enable us to celebrate and relinquish the past, so we can be present in the moment and open to the future. This workshop will look at components of rituals and how these can be put together to create rituals for healing.

*Diana C. Veazey, M.Div., Chaplain
Children's Hospital of The King's Daughters*



Cultural Diversity Issues in Organ and Tissue Donation

The emphasis of this workshop will be upon understanding culture and cultural differences, and how they impact perceptual issues relative to family interactions in organ and tissue donation.

*Ray Smith, Program Coordinator
LifeNet*



How to Survive Grief and Mourning and Live to Tell About It

Through a discussion of uncomplicated grief and mourning, illustrative examples and audience participation, this workshop will explore the symptoms of grief, variables which influence the process and coping mechanisms.

*Ann Prescott, R.N., M.S.Ed, Certified Grief Counselor
Bereavement Counselor, Sentara Women's Services*



Men and Grief

Participants in this workshop will gain insight and awareness into the unique grief of men by exploring the theories of masculine grief and by listening to one man describe his personal journey through the grief process.

*Warren H. Withrow, M.Div., Chaplain
Sentara Virginia Beach General Hospital*

*Jim Tomlinson, MD
Father, husband, part-time physician*

*Ron Pickens, Donor Father
Police Officer, Virginia Beach Police Department*



Spirituality and Grief

This workshop will review the Jewish-Christian tradition regarding death and dying within the context of the practice of medicine.

*Ignacio Ripoll, MD, Associate Professor of Internal Medicine
Eastern Virginia Medical School*

Panel Presentation

All of the major religions, faith traditions and denominations have rituals and practices which support their participants in moving through the process of dying, death, and grief. It is important for the care-giver to be aware of and sensitive to these rituals and practices in order to provide effective support to the dying and their families. Representatives of Buddhism, Hinduism, Islam, and Judaism will speak regarding their tradition and then respond to questions from the audience.

Registration



Name _____

Organization _____

Address _____

City _____ State ____ Zip _____

Phone _____ SSN: _____

Registration Fee:

____ (\$45) Sentara Healthcare employee

____ (\$55) Non-Sentara participant

____ (\$25) Student

(School: _____)

Concurrent Workshops

Please indicate your **three choices** for the Concurrent Workshops.

- ____ Bioethics and End-of-Life Decisions
- ____ Children's Perceptions of Death
- ____ Creating and Using Rituals in Grief
- ____ Cultural Diversity in Organ Donation
- ____ How to Survive Grief and Mourning
- ____ Men and Grief
- ____ Spirituality and Grief

**REGISTRATION DEADLINE IS WEDNESDAY,
APRIL 28, 1999**

Please send this form with your check made payable to " Sentara" to:

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